

**“Look up! Lean hard! Keep on Trusting!”
Learning to Abide in Him**

Lesson 9

“The Way, The Truth, and The Life” Part 1

**“I am the way, the truth and the life.
No one comes to the Father except through Me”
John 14:6 (NKJ)**

Prayer Preparation

Put your study time into the Lord’s hands. Ask Him to open your heart to believe His Word and to increase your faith. Ask Him to give you a greater understanding of Jesus as the way, the truth and the life. Ask Him to make this understanding a reality in your experience. Thank Him that He hears your prayer.

Our Father expects His children to “believe”. We can only receive the benefits of our relationship with Him through faith. By believing that Jesus is the Christ, the Son of the living God, we become partakers in the life Jesus brought out of death. Faith unlocks our understanding of Scripture and releases the Spirit’s activity in our lives. Faith keeps us walking in the way, knowing the truth, and living the life.

On a 3x5 index-card copy John 14:6. Place this card where you will see it often. Say it out loud several times everyday. Fix it in your memory.

Read John 14:1-6

1.The disciples were discouraged and troubled. Jesus told them many things they did not understand. He told them hard things, spoke of failures and weakness. To comfort the disciples, Jesus gave them several exhortations along with promises. Discuss these.

*Jesus said, “Let not your heart be **troubled.**” Vs. 1 Define this.

*What are some things that caused the disciples to be “troubled”?
Mark 10:33-34

John 13:33

John 13:21

John 13:38

*What is the **remedy** for a troubled heart? Vs. 1 What does that mean?

Apply this remedy to your own heart. Talk to the Lord about your own troubles. Lay them out before Him. Hear Him say, “Let not your heart be troubled”.

John 14:1-6

*What does Jesus **promise**? Vs.2-3 *Explain your answer.*

This promise is illustrated by the wedding custom of the day. The father of the bridegroom seeks a bride. The father draws up a binding legal contract, and the engagement takes place. During this engagement period the bride prepares for the wedding and the bridegroom prepares a place for the bride, usually in his father's house. Then the wedding itself takes place. The bridegroom and his friends, bring the bride to his father's house where the marriage is consummated and a celebration takes place. These festivities generally last for a week or two. Keep in mind that Jesus is the Bridegroom and the believer is His Bride.

Do you really believe this promise? Will you be ready when Jesus comes again? What are you doing about it?

3. In verse 6 Jesus declares, "I am the Way, the Truth, the Life." A **way** is a thoroughfare for travel, such as a path, road or highway. Every road has a beginning, a middle and an end or destination. Jesus is indeed a **road or way**. Examine this.

*Visualize this road or way. How do you think this pictures Jesus? *How did this road or way begin? Where is this road or way going? How do we get there?*

*Every road is **built** by someone. Who built this road? Support with Scripture.

*A further examination of this road shows that it is a way of **truth**. We are to walk in truth. Jesus says, "I am the **truth**". Define **truth**.

*What do the following passages teach about **truth**?

Deuteronomy 32:4

Psalms 25:10

Psalms 119:160

John 17:17

John 16:13

Just think, our God is sure, certain, and absolute. He is truth! How does knowing this fact make a difference in your "believing"? How does it impact your life?

*Christ is also the final destination, He is the **Life**. Define **life**.

John 17:3

Romans 6:21-23

1John 5:20

*Some people think there are many ways to reach God. But we can come to God only by His way and on His terms. Jesus says that He is the **only** way to the desired end—Life. Jesus said, “No man comes to the Father except through Me”. Elaborate on this. Acts 4:12, 1Timothy 2:5, Psalm 86:8-10

*Jesus warns there are other ways or roads that lead to a different destiny. Contrast the Way of truth with the other ways. *How are they described? What is the destiny?*

Way of Truth

Other ways

Matthew 7:13-14

Psalm 1:6

Proverbs 14:12

Proverbs 4:13-19

Take time to come and sit before the Lord.

Meditate on Jesus’ words, “I am the Way, the Truth, and the Life”. Allow the Lord to search your heart and see if there is any contrary way in you.

Ask yourself these questions:

Are you walking in the Way, the Truth and the Life”?

Do you order your daily walk according to Jesus and His Word?

Do you follow what people say and do?

Do you allow the Truth of God’s Word to shape your believing?

Do you believe whatever people counsel without checking it against the Truth?

Take action on what the Lord has shown you.

Talk to Him about it right now. Be honest before Him. Listen for His direction. Purpose in your heart to do what He tells you.

What stood out to you? How did God speak to you? Record your thoughts and reflect on them throughout the week.